## ORCHARD PARK FAMILY PRACTICE, PC

## **XEOMIN® Post Treatment Instructions**

- 1. The full effect of XEOMIN® may take anywhere from 2-14 days.
- 2. Do not massage, rub or apply pressure to the treated areas for the first 24 hours after treatment. This may cause the XEOMIN® to migrate to other muscles and can cause temporary dropping of the eyelids.
- 3. Stay erect; do not lie down for at least 4 hours after the injections.
- 4. Do not exercise for 24 hours and resume activity slowly and carefully after the injections.
- 5. Bruising may develop at injection site. You may use ice packs at the injection site for bruising and/or discomfort. The ice should be held only in light contact with the skin.
- 6. Avoid aspirin, ibuprofen, and drinking alcohol for at least 24 hours post treatment.
- 7. An immediate headache is common especially, if it is your first botox treatment
- 8. If dropping of eyelids does occur, it is temporary and generally resolves within two to three weeks.
- 9. Makeup can be reapplied after treatment
- 10. Increase water intake

Please call our office with any questions OR if any of the following occur: skin rash, sudden fever, increased pain, increased swelling, or bleeding at any of the injection sites at (716) 508-0160.